

How to Take Measurements

General Tips

1. You can view [measurement photos](#) to clarify certain measurements.
2. When you wrap the measuring tape make sure it is not too tight or too loose. There should be no gap between the tape and body, but the tape should not sink into the skin at all.
3. Accurate measurements are especially important.

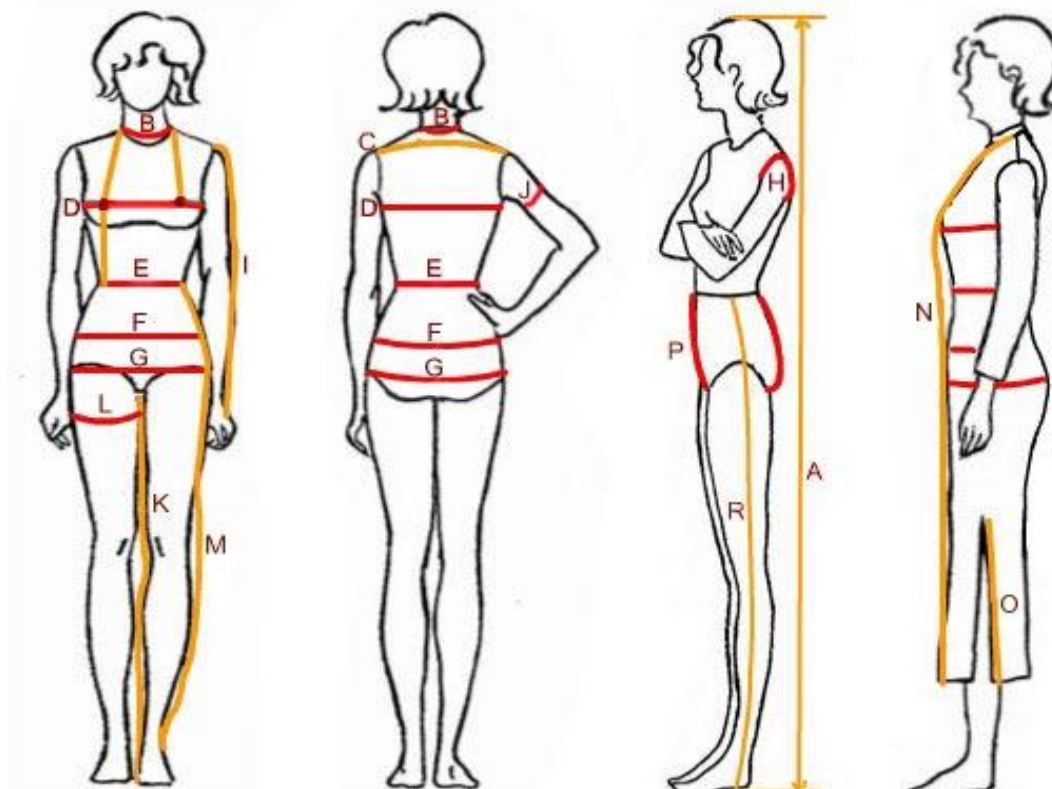
Measurement Names

A. Height
B. Neck
C. Shoulder Width
D. Bust
E. Waist

F. Belly
G. Hip
H. Armhole
I. Sleeve Length

J. Around Upper Arm
K. Pants Inseam
L. Garment Length
M. Slit Length

Measurement Illustrations



- Red measurements wrap all the way around body (circumference)
— Gold measurements are length-wise along or across one side of the body

Details About Measurements

- A. **Height** - From top of head to the floor (your standard height measurement). [[See illustration](#)]
- B. **Neck** - Around largest part of neck (base of neck). [[See Photo](#) | [See illustration](#)]
- C. **Shoulder Width** - Measure across upper back from end of one shoulder bone (top of arm) to the other shoulder bone (top of arm). It's important to stand with your usual posture and shoulder position. [[See Photo](#) | [See illustration](#)]
- D. **Bust** - Around the fullest part of bust. It is important to wear a bra to be accurate. [[See Photo](#) | [See illustration](#)]
- E. **Waist** - Around narrowest part of waist. [[See Photo](#) | [See illustration](#)]
- F. **Belly** - Around fullest part of belly. [[See illustration](#)]
- G. **Hip** - Around fullest part of hips. Please be sure you take the largest measurement in this area. [[See illustration](#)]
- H. **Armhole** - Around shoulder joint. [[See Photo](#) | [See illustration](#)]
- I. **Sleeve Length** - From shoulder tip down side of arm to preferred length of sleeves (with arm held straight). The shoulder tip is on top of the shoulder just near the arm. [[See illustration](#)]
- J. **Around Upper Arm** - Around the largest part of upper arm (bicep). [[See illustration](#)]
- K. **Pants Inseam** - From the crotch seam down inner leg to the floor (while barefoot). [[See illustration](#)]
- L. **Garment Length** - The length of the garment can be different for different designs and types of clothing. If you order more than one item, you may need to enter a different Garment Length for each. Here's how to measure Garment Length for a:
 - 1. **Dress** - From top of shoulder, down over the tip of one breast and down to the preferred length of the dress.
 - 2. **Top (blouse or jacket)** - From top of shoulder, down over the tip of one breast and down to the preferred length of the blouse or jacket. If the top is part of a set, there will also be a **Pants/Skirt Length** measurement for the bottom part.
 - 3. **Pants or Skirt** - Because ensembles (suits and sets) have both a top and bottom, the bottom part is a separate measurement. Please see **[R. Pants/Skirt Length](#)** above.

[[See illustration](#)]
- M. **Slit Length** - Preferred length of slit of skirt or dress. [[See illustration](#)]

